



**TrulyFree**

# Product User Guide

Including Stain Fighting Tips,  
Cleaning Tricks & More...

Scan the QR codes to learn even  
more about each product







## Your guide to using Your Truly Free products.

Welcome to your Truly Free Home user guide. From here, you are just a few pages away from learning tips, tricks, and helpful hints on using your Truly Free products right at home.

From removing tough stains, to learning multiple uses for many of our products in and around your home, we want to give you the ability to successfully create a stain-free, non toxic home with Truly Free.





# Our Truly Free Story...

Welcome to the Refillable Cleaning Revolution! We're so glad you're here!

I'm Stephen Ezell, CEO of Truly Free. Truly Free has become one of the fastest growing eco-companies in America, thanks to members like you!

## **This was not some “overnight” success story...**

It all started with a sick kid. Many years ago, my wife and I had our first son. He was just 3 weeks old when he broke out in the worst rash of his life. We sought out treatment from a dermatologist and pediatrician who could offer us a steroid as a treatment. It was then that I made the most important phone call of my life; calling a family friend for advice, she asked: **“What laundry detergent are you using?”**

We soon realized there was something hidden in our home that we had no idea would end up harming our newborn.

## **Yes...it was the ingredients in our laundry detergent!!**

That led me to find the best quality ingredients in cleaning and laundry products that are not only safe for you and your family, but are SUPER effective.

My team and I are on a mission to empower families around the country to stop wearing and sleeping in toxic chemicals all day. Our valuable customers wrote to us and felt the strong need to replace all of their harsh chemical cleaners with all-natural products. From there, we've created our plant-based, non-toxic Truly Free line of refillable cleaning products, making us one of the fastest growing refillable eco-friendly companies today! Thank you for joining our Refillable Revolution!

Stephen Ezell  
CEO & Founder  
[TrulyFreeHome.com](http://TrulyFreeHome.com)





# Our Mission

Truly Free is on a Mission to FREE over 10,000,000 homes from harmful toxic chemicals and excess plastic waste.

We create innovative, powerful & family-safe products in refillable & reusable packaging which empower families to protect themselves from harm & reduce their environmental footprint.

We believe that giving back to the world we serve is a responsibility for any company, and a necessity for making our planet a better place.

When you Truly Free your home from chemicals & plastic waste, you also support several projects that you can be proud of.

The next time you reach for one of our products, know that you have a huge impact in the lives of thousands of people around the world.





# Your Impact

You've created SO many good things by supporting our shared mission:



You've helped us FREE over 300,000 homes from harmful toxic chemicals.



You've supported the rescue of hundreds of women from sex trafficking.



You've supported an entire deaf village in Jamaica.



You've provided food, shelter & education to hundreds of orphans.



You've saved over 5,000,000 single-use plastics from being created.

Join the Refillable Revolution today and make every room in your home, a Truly Free home!





# Ingredient Properties

## Ready, Aim, Shoot

Each Forever Bottle is equipped with a lifetime warranty heavy-duty sprayer.

## Recyclable Plastic

This is the LAST Truly Free container you will ever own.

## Forever Bottle

You've helped us save over 2.5 MILLION plastic containers from ever being made.



## Forever Jug

Seriously the last laundry jug you will ever own.

## Laundry Revolution

Our members have saved over 3.5 million laundry jugs from ending up in our oceans.

## Save Money

By not shipping water and expensive packaging means we get to pass you huge savings.







## Powerful Yet Safe

Our Truly Free products are tough enough to tackle ANY mess, but safe enough for even your children to use.

## One Refill, Infinite Clean

Simply get refills when you need them and never run out again.

## 100% Naturally Non-Toxic

Made with ZERO toxins and the purest ingredients we could source.



## Buh Bye Stains

Our proprietary QuadraSalt Technology cuts through the worst stains with ease.

## Refill Not Landfill

Every recyclable refill you get helps reduce plastic waste and keeps our environment safe.

## Non-Toxic Plant Power

Your family deserves safe products that work... You're welcome.



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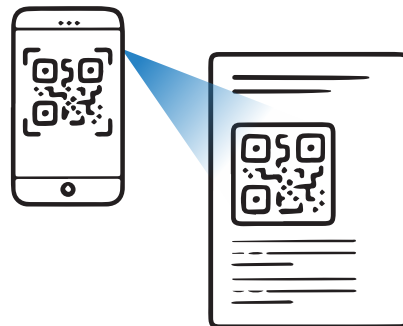


# How to Scan a QR code

Email us at [family@trulyfreehome.com](mailto:family@trulyfreehome.com) to learn more

## iPhone Users:

- Step 1: Open your iPhone's Camera. Tap the Camera app icon, which resembles a black camera on a grey background.
- Step 2: Point the camera at the QR code. Your phone should focus in on the QR code after a brief moment. If your front-facing camera is on, first tap the camera-shaped icon in the bottom-right corner of the screen to flip the camera to the main camera.
- Step 3: Make sure the QR code is centered on your iPhone's screen. All four edges of the QR code should be on your phone's screen.
- Step 4: Wait for the code to scan. Once the QR code is centered on your iPhone's screen, it should scan almost immediately.
- Step 5: Open the QR code's content. Tap the Safari/Chrome notification that appears at the top of the screen to open the QR code's webpage or other information.



## Android Users:

- Step 1: Open your Android's Google Play Store. Tap the Google Play Store app icon, which resembles a multicolored triangle
- Step 2: Tap the search bar. It's at the top of the screen.
- Step 3: Type in **qr code reader no ads**. This will prompt a drop-down menu with search results.
- Step 4: Tap **QR Code Reader - No Ads**. It should be at the top of the drop-down menu. Doing so opens the app's page.
- Step 5: Tap **INSTALL**. This button is on the right side of the screen.
- Step 6: Tap **ACCEPT**. It's in the middle of the pop-up. The QR Code Reader app will begin downloading.
- Step 7: Tap **OPEN**. This button will appear in place of the INSTALL button as soon as the app finishes installing. Tapping it will open QR Code Reader.
- Step 8: Point your Android's camera at the QR code. It will focus on the code after a moment.
- Step 9: Make sure that the QR code is centered in the screen. Your QR code should fit between the four brackets in the middle of your Android's screen.
- Step 10: Wait for the code to scan. Once the code scans, you'll see an image of the QR code on the screen, along with whatever the QR code's content is (e.g., a link) listed below the image.

refillable

# Laundry Wash

50 loads, 50 oz

Clean with Nature!

Get out the stains, but keep the memories with your incredibly powerful but completely non-toxic laundry wash!

Your Signature Scent Laundry Wash is infused with a beautiful blend of essential oils for aromatherapy you can wear. With your refillable laundry detergent jugs and mix-at-home refill packets, it's easy to stock up on your favorite laundry products while saving time, money, and space in your laundry room.

Scan this code



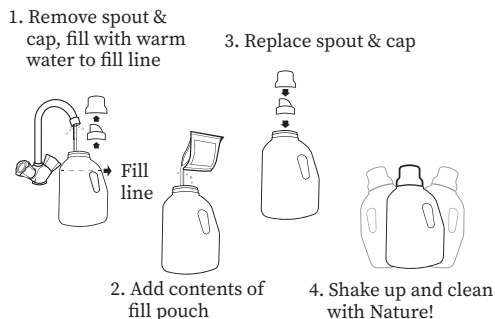
Details on pg 9





## How To Fill/Refill Jug

- Step 1: Unscrew the cap
- Step 2: Squeeze mouth of the laundry jug, to remove the spout- it will pop up
- Step 3: Fill jug with warm water to the “fill line” of the jug
- Step 4: Add one Laundry Wash Refill packet to laundry jug
- Step 5: Replace spout with a simple click inside the jug and screw cap in place.
- Step 6: Shake up well & do Laundry with Nature!



## How to Use

Our products go a long way! You don't need a lot to get clean clothes!

Follow these guidelines, adding more as needed depending on load size.

**Front Loader:** Add your mixed Laundry Wash in the detergent section of your washing machine.

**Top Loader:** Add directly inside the drum directly on top of laundry; or, detergent washer compartment.

## HE (High Efficiency) Washing Machines

For Regular Size Loads use:  
1oz for an HE (High Efficiency Washer)  
Extra soiled loads or a larger size load;  
add 1 extra oz

## Standard Washing Machines

2oz for a regular size load  
Extra soiled loads or a larger size load;  
add an additional 1oz.

**What to Expect:** Start by using your Truly Free Non-Toxic Laundry Machine Cleaner to clean and detox your laundry machine to prevent build-up residue and grime from transferring to your clothes. Cleaning your machine prior to washing is key.

When switching from certain conventional laundry detergents, your clothes can go through a “detox” period where they might smell different to you than usual. Not to worry, your laundry wash is working. After a few more washes, Truly Free Laundry Wash will break up & remove those buried toxic residues in the fibers of your clothing!

**Pro Tip:** To help speed up your laundry detox process, simply add 1/2 cup of distilled white vinegar in with your laundry and wash garments as usual.

Visit page 66 for laundry tips & tricks and learn about laundry stripping.

**Carpet Cleaning:** Visit page 65 for Cleaning Tips & Tricks on cleaning carpets/rugs.

Save the Planet! Keep Your Refillable Laundry Jug!

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



50 Loads

refillable

# Softening Rinse

50 Loads, 50 oz

Clean with Nature!

Your Truly Free Softening Rinse neutralizes hard water in the final rinse cycle. Conventional, slimy fabric softeners are filled with toxic chemicals.

Your natural softening rinse is powered by citric acid to leave your clothes soft and supple.

Plus, it aids as a cleaner and static reducer.

Scan this code



Details on pg 9



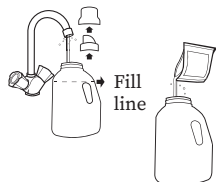


## How To Fill/Refill Jug

- Step 1: Unscrew the cap.  
Step 2: Squeeze mouth of the laundry jug, to remove the spout- it will pop up.  
Step 3: Fill jug with warm water to the “fill line shoulder” of the jug.  
Step 4: Add one Softening Rinse Refill packet to laundry jug.  
Step 5: Replace spout with a simple click inside the jug and screw cap in place.  
Step 6: Shake up well & do Laundry with Nature!

1. Remove spout & cap, fill with warm water to fill line

3. Replace spout & cap



2. Add contents of fill pouch



4. Shake up and clean with Nature!



## How to Use

Our products go a long way! You don't need a lot to get clean clothes!

Follow these guidelines, adding more as needed depending on load size.

**Front Loader:** Add your mixed Softening Rinse in the softener section of your washing machine.

**Top Loader:** Add directly inside the drum, directly on top of laundry, or in the washer's softener compartment.

## HE (High Efficiency) Washing Machines

For Regular Size Loads use:

1oz for an HE (High Efficiency Washer)

Extra soiled loads or a larger size load; add 1 extra oz

## Standard Washing Machines

2oz for a regular size load

Extra soiled loads or a larger size load; add an additional 1oz.

Save the Planet!

Keep Your Refillable Laundry Jug!

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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Dye Free



50 Loads



Non-Toxic

**OxyBoost** 12.5 oz , 25 loads

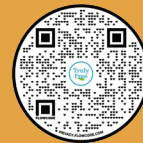
Clean with Nature!

Tough on stains, easy on fabrics... Safe for your family!

You deserve the brightest whites & most vibrant colors without damaging fabrics or risking exposure to harmful bleach & other alternatives. Life can get messy—but who wants to spend all day scrubbing dirt and stains? Luckily, Oxyboost™ is the answer to almost every stain-fighting need you have; in laundry, and beyond!

When used as directed, its oxygen-based water-activated formula safely gets tough dirt and grime out of clothes, carpets and nearly any surface in your home.

Scan this code



Details on pg 9

## How to Use

### Laundry

**Washing Machine:** Scooper Included  
Front & Top Loader Washing Machines:

**HE (High Efficiency) Washing Machines** 

For Regular Size Loads use:

Add 1 scoop (.5 oz)

**Standard Washing Machines:**

Add 2 scoops (1 oz)

Sprinkle directly inside the empty drum; prior to adding laundry.

For best results, use **hot** water.

For extra large or heavily soiled loads, add 1 additional scoop.

Note; For additional stain-fighting power, add 1 scoop of Truly Free Enzyme Stain Remover.  
Wash with Truly Free Laundry Wash as normal.

### Presoak:

Add 2 scoops, (1 oz) of Oxyboost to a gallon of hot water. Soak heavily soiled garments for up to 24 hours and wash with Truly Free Laundry Wash.

100's of uses around the home:

Clean bathtubs, sinks, drains, toilets, showers & more!  
Oxyboost is your safer alternative to bleach.  
It's chlorine-free and color safe.

### Toilets

Step 1: Sprinkle 1-2 scoops in your toilet bowl  
and let it sit for 15-20 minutes.

Step 2: Scrub with a toilet brush, flush and DONE!





## Tub and Shower

- Step 1: Wet bathtub/shower surface with warm to hot water using bucket, spray bottle, or showerhead.
- Step 2: Sprinkle 3-5 scoops on a wet surface, let it sit for 20-30 minutes.
- Step 3: Wipe down with a cloth or scrub with your Truly Free Eco-Sponge.
- Step 4: Rinse with warm to hot water.

## Tile Grout

- Step 1: Add warm water into a spray bottle.
- Step 2: Spray grout with warm water.
- Step 3: Sprinkle OxyBoost on the grout lines, or add to grout brush.
- Step 4: Let it sit and settle in for about 20 minutes.
- Step 5: Scrub around with grout brush and rinse with warm water & wipe if necessary.
- Step 6: Enjoy your clean bathroom!

## Stainless/Porcelain Sink Cleaner

- Step 1: Sprinkle 1-2 scoops in your sink, add hot water, let it sit for 20-30 minutes.
- Step 2: Scrub away any stubborn stains with a scrub brush or your Truly Free Eco-Sponge.
- Step 3: Rinse with warm water.

Note: Not recommended to add Oxyboost “inside” spray bottle. Sodium Percarbonate releases natural gas that creates air pressure.

Order more at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



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Powered by Nature



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free

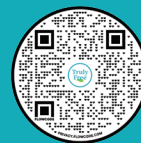


Non-Toxic

# Enzyme Stain Remover

45 loads

Scan this code



Details on pg 9

Water-activated enzymes that digest the toughest stains!

This powerful, natural stain remover will cut through your toughest stains while staying safe and gentle on clothes. The secret is the unique blend of stain-hungry enzymes that work to digest stains without compromising the quality of your favorite fabrics.

## How to Use

### Washing Machine

Scooper Included

#### HE (High Efficiency) Washing Machines

For Regular Size Loads use:

Add 1 scoop (¼ tsp) directly into the empty drum of your washing machine prior to adding laundry.

#### Standard Washing Machines

Add 2 scoops (.5 tsp) directly into the empty drum of your washing machine prior to adding laundry.

Add 1 additional scoop for extra solid or larger size loads. (HE or Standard Machine)

Add clothes, laundry wash & softening rinse, wash with desired cycle.

Pre-Treat for Tougher Stains, make a powerful enzyme paste:

- Step 1: Add 1 scoop of Enzyme Stain Remover to a small bowl.
- Step 2: Add a few drops of water to make a thick paste and mix with fingers.
- Step 3: Add paste directly to stain with fingers and let sit 15-30 minutes, depending on stain.
- Step 4: Rinse to ensure stain is gone, add to laundry machine, wash as normal.

Got a tough stain?

Check out page 65 for powerful Cleaning Tips & Tricks.

May be used in conjunction with our Non-Toxic Stain Stick to scrub away tough stains.

Order more at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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Dye Free



Fragrance Free



# Non-Toxic Stain Stick

Tough on stains, easy on fabrics... zero harmful chemicals!

When those “impossible” stains show up, you can rest easy knowing that you’ve got the perfect tool for the job.

Free from toxic chemicals, this revolutionary product will erase the toughest stains, while still being gentle on fabrics & completely safe for you and your family.

Scan this code



Details on pg 9

## How to Use

Step 1: Wet both stained garment area & stain stick.

Step 2: Scrub stain gently until lather appears.

Step 3: Rinse to ensure stain has disappeared.

Step 4: Wash as normal using your Truly Free Laundry Wash.

Got a tough stain? Repeat steps 1-3 if needed.  
Add 1 scoop of Enzyme Stain Remover to load as well for additional stain fighting power.

Still got a tough stain? Check out page 65 for powerful Cleaning Tips & Tricks!

Order more at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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1. Wet both soiled garment area & stain stick



2. Scrub stain until lather appears



3. Wash as normal using your Truly Free Laundry Wash





TrulyFree

non-toxic

Stain Stick

Tough on stains, easy on fabrics...  
Zero harmful chemicals!



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Recyclable Plastic



Dye Free



Fragrant Free

#SF-FPB-R V1

2 oz. (56 g)







refillable

# Wrinkle & Static Releaser

4 in 1: Wrinkle Remover, Static Releaser, Odor Eliminator, Confidence Booster

The Fastest And Safest Way To Get Soft & Wrinkle-Free Clothes!

Just spray and walk away for the fastest and easiest way to magically de-wrinkle, de-static, and freshen clothes using only non-toxic & plant-based ingredients.

Your fast-acting formula is perfect for college students, business travelers, and anyone who doesn't understand the meaning of "fashionably late".

Hypoallergenic, skin safe, and highly effective, your Wrinkle & Static Releaser gets your clothes ready for any occasion in just minutes!

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the sprayer securely.

Step 4: Shake up and Clean with Nature!

1 pouch makes 12 fl. Oz.

Shake well before each use.



## How to Use

### To release wrinkles:

Lightly mist garment while hanging.

### To remove static and freshen laundry:

Generously mist laundry and tumble dry for 5 minutes.

### Recommended use:

Use with dry clothes.

Spray 4-5 times all over the garment and hang.

Give fabric a gentle tug and leave for 30 minutes to dry and de-wrinkle.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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Clean with Nature



Recyclable Plastic



Dye Free

Non-Toxic

# Laundry Machine Cleaner

Your first step in having clean laundry is having a clean washing machine!

Most washing machines are coated with the residues left behind by many conventional store-bought laundry products, making your washing machine drum a breeding ground for bacteria that cause funky smells. These residues transfer to everything you wash & wear.

Your Laundry Machine Cleaner eliminates built-up residue, toxins and bacteria. Your washer will be fresh, sparkling clean, and free of funk!

Scan this code



Details on pg 9

## How to Use

Step 1: Remove sachet from pouch, toss into an empty washing machine.

Step 2: Start a heavy, hot water wash cycle (or sanitizing/cleaning cycle) and let the machine do the work.

Step 3: Once cycle is complete, discard sachet and enjoy a squeaky clean washer.

Recommended use: Every 30 days.

Order more at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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TrulyFree™

non-toxic

## Laundry Machine Cleaner

Easily remove funky odors & chemicals  
from your washing machine.

1 sachet



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Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free

KAC-0718 v1

1 sachet - 3.9 oz. (110g)





# Non-Toxic Dryer Angel

Get Heavenly scented & soft clothing... while empowering women in need!

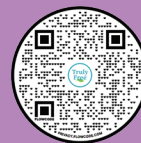
Looking for the softest & freshest smelling clothing? There's a far better way than the synthetic fragrances & silicon softeners in dryer sheets.

Your Dryer Angel is a refillable, non-toxic solution for the softest & freshest laundry without any harmful toxic chemicals. Lightly scented using plant-based & essential oils.

Plus, each Dryer Angel is hand-made by women who are rescued from poverty & trafficking!

You make an impact!

Scan this code



Details on pg 9

## How to Use

Step 1: Unsnap Angel to insert refill.

Step 2: Leave in your dryer with every load of laundry.

Step 3: Enjoy the freshest clothes of your life!

Step 4: Refill Angel every 30 dry cycles, or 30 days.

Hang to freshen any room or car!

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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Recyclable Plastic



Dye Free



refillable

# Everyday Cleaner

Deep Clean 100's of Surfaces with ZERO Toxic Chemicals!

Engineered using revolutionary plant-powered chemistry, your Everyday Cleaner will tackle the toughest messes on hundreds of surfaces in your home.

Family-safe ingredients ensure that you can get the effortless clean you desire, without any of the harmful toxic chemicals that you & your family are trying to avoid.

Perfect for: counter tops, stainless steel, appliances, toys, tables, chairs, kitchen sinks/basins, porcelain, cabinets, plastic and many other hard surfaces.

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

- Step 1: Fill the bottle with warm water to fill line.
- Step 2: Add contents of refill pouch.
- Step 3: Top off with water, tighten the sprayer securely.
- Step 4: Shake up and Clean with Nature!

1 pouch makes 16 fl. oz.

## How to Use

Spray & wipe on countertops, stainless steel, porcelain, cabinets, appliances, hard flooring, toys, door handles, plastic, vinyl and so much more!

No need to rinse, just spray and wipe!

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free







refillable

# Fruit & Veggie Wash

Wash away farmyard chemicals & gunk.... For the healthiest fruits & vegetables!

Conventional produce can be covered in pesticides, herbicides, fungicides, rodenticides & all kinds of farmyard and supermarket gunk.

Your Fruit & Veggie Wash is designed to give your produce the deepest clean possible, and can even make produce last longer.

Never worry about who's touched your food at the supermarket, how fast your organic grapes will rot, or what chemicals may be lurking on your tomatoes again!

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line

Step 2: Add contents of refill pouch

Step 3: Top off with water, tighten the sprayer securely

Step 4: Shake up and Clean with Nature!

## How to Use

### To Spray:

Spray on and leave for 1 minute.

For harder fruits/ veggies rub in 1 min. and rinse with water. For berries, herbs, soft foods spray and let sit 1 minute before rinsing.

Visit page 58 on how to use your Fruit & Veggie Brush.

Recommended use: everyday to clean your fruits, herbs,& vegetables free from pesticides, wax & harmful chemicals.

### To Soak:

Soak your fruits & vegetables; especially when cleaning a larger quantity such as romaine lettuce, a large bowl of grapes or strawberries: Add 1/4 Cup Fruit & Veggie Wash with 5 cups of water in a bowl and let soak for 5 minutes. Be sure to rinse.

Enjoy clean fruits & veggies, free from all the harmful gunk!

**Special Note:** Your family may want to eat more fruits & vegetables after using this product!

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



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Recyclable Plastic



Dye Free



Fragrance Free

refillable

# Glass Cleaner

Your Truly Free Glass Cleaner gives you streak-free glimmering glass without any harmful chemicals!

It uses a highly effective plant-powered formula that removes dirt & debris for the cleanest glass surfaces around the home, office, and garage.

Perfect for windows, glass doors, mirrors, glass stove tops, automotive glass, picture frames, showers, and so much more!

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

- Step 1: Fill the bottle with warm water to fill line.
- Step 2: Add contents of refill pouch.
- Step 3: Top off with water, tighten the sprayer securely.
- Step 4: Shake up and Clean with Nature!

1 pouch makes 16 fl. oz.

## How to Use

Spray lightly and dry with a lint free cloth, paper towel or your Truly Free Reusable cleaning cloth to prevent streaking.

No need to rinse, just spray and wipe!

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free





TrulyFree

refillable

**Glass  
Cleaner**

Get streak-free glimmering glass.  
NO harmful chemicals.



16 oz. (473ml)



refillable

# Heavy Duty Degreaser

Strong enough for your mechanic, but safe enough for your children. Your Heavy Duty Degreaser is a breakthrough product in low-effort grease & grime elimination.

Your natural grease-fighting formula uses plant-powered ingredients that dissolve the toughest grease & grime messes while safe for use around your family.

Perfect for ovens, laundry, carpet, cook tops, barbecues, appliances, sinks, bathtubs, garage spills, cement, automobiles, RV's, and many other hard surfaces!

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the sprayer securely.

Step 4: Shake up and Clean with Nature!

1 pouch makes 16 fl. oz.

## How to Use

Safe enough to use everyday on your tough messes & grease stains.

### Kitchen Use:

- Spray & wipe your stove tops & ovens.
- Breaks up grease & grime.
- No need to rinse, just spray and wipe!

### Laundry Use:

- Use as a laundry pre-treat on removing grease stains from clothing.
- Spray grease stain, let sit for 5 minutes.
- Wash as normal with your Truly Free Laundry Wash & Softening Rinse.

For tough stains, visit page 65 for cleaning tips & tricks on tough stain removal.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free





refillable

# Stone & Steel Cleansing Polish

Give Stone & Steel Surfaces A Mirror-Shine Without Nasty Chemicals!

Your plant powered 2-in-1 formula cleans and shines your stone and steel without dangerous chemicals that can cause damage over time.

Quickly erases fingerprints, dust, dirt, and oils from your steel and stone for a squeaky clean and shiny finish.

Safe and effective for use on stainless steel, chrome, granite, marble, and many other surfaces.

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the sprayer securely.

Step 4: Shake up and Clean with Nature!

1 pouch makes 12 fl. oz.

Shake well before each use.



## How to Use

Spray lightly and wipe until dry with lint free cloth, or your Truly Free Reusable Eco Cloth to prevent streaking.

No need to rinse, just spray and wipe!

For use on: granite, quartz, marble, stainless steel, chrome & so much more!

**Recommended Use:** Clean and polish your stone and steel as frequently as needed or desired.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free





TrulyFree

refillable

**Dish Soap**  
**Sweet Basil Scent**

The cleanest dishes of your life...  
Free of any toxic chemical residues.



Free  
From

Cruelty  
Free

Plant  
Based

Clean with  
Water

Recyclable  
Plastic

Free From  
Toxins

Non-Toxic

16oz. (473mL)



# refillable Dish Soap

What Our Customers Call “The Best Dish Soap Ever Created”

The Cleanest Dishes Of Your Life...Free Of Any Toxic Chemical Residues

Our nature-powered Dish Soap uses powerful yet safe ingredients from coconuts and citrus to break down food particles, oils, and stubborn burnt-on residues without drying out your hands.

Silky, sudsy, and concentrated, our Dish Soap creates an army of bubbles to break apart gunk and food with just a couple drops!

Sweet Basil Scent.

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with hot water, tighten the bottle securely.

Step 4: Shake up and Clean with Nature!

1 pouch makes 16 fl. oz.

## How to Use

Squirt mixed dish soap directly onto glasses & dishes or into sink filled with warm/hot water. Hand wash using your favorite kitchen tool such as your Truly Free Eco-Friendly Sponge.

**Note:** Your Dish Soap doesn't contain any toxic thickening agents, so depending on your home's water, it might be slightly thinner than you are used to... but JUST as powerful!"

Mixing with hot water initially will help with over-thickening. If dish soap thickens too much over time, simply add water. For best results, shake before each use.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



No Synthetic Fragrance



Non-Toxic

# Dishwasher Soap

Cleanest dishes of your life. Zero Toxic Chemicals. Safe for your family!

Many dishwasher detergents rely on heavy-duty toxic chemicals to clean dishes, and sometimes even leave a chemical residue on them.

This breakthrough nature-powered chemistry gives you the cleanest dishes of your life without a single toxic chemical being used!

Scan this code



Details on pg 9

## How to Use

Step 1: Add 1 full scoop to your machine's detergent compartment (scoop included).

Step 2: Run your dishwasher for the desired circle.

Step 3: Clean your dishes with Nature!

For the shiniest glasses & dishes, use in combination with your Truly Free Dishwasher Booster & Rinse Aid.

Order more at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free





TrulyFree™

non-toxic  
**Dishwasher  
Soap**

Cleanest dishes of your life.  
**ZERO** toxic chemicals.  
Safe for your family.



Eco-friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



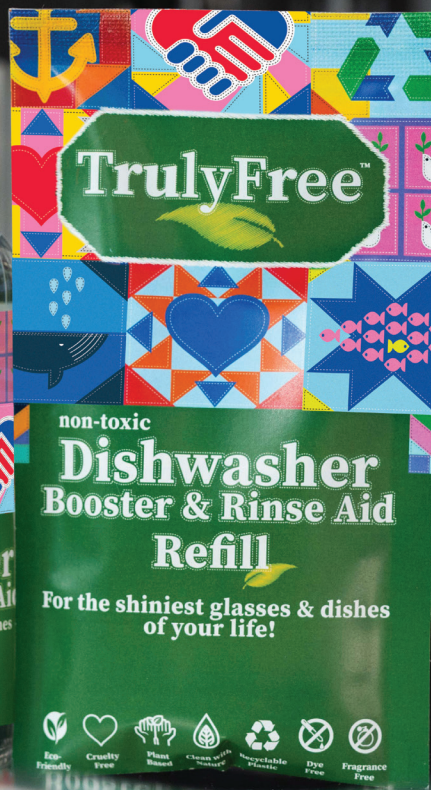
Dye Free



Fragrance Free

12.5 oz. 25 loads





refillable

# Dishwasher Booster & Rinse Aid

For The Shiniest Glasses & Dishes Of Your Life!

Easily dissolve food particles, erase water spots and streaks, and wash away rust and limescale even with older dishwashers, hard water, and heavy loads.

Your Dishwasher Booster & Rinse Aid uses powerful but non-toxic citric acid and natural salts without any harsh chemicals like bleach, ammonia, or formaldehyde.

Don't let toxic chemicals stick to your dishes, glasses, and silverware and end up in your body. Your new 100% nature-powered solution gets the job done like never before!

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the bottle securely.

Step 4: Shake up and add to dishwasher rinse compartment.

## How to Use

Use with every dishwashing load to keep your glasses & dishes at their shiniest best!

Simply squirt into the rinse aid compartment of your dishwasher. Fill the compartment as needed.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free



# Dishwasher Cleaner

One pouch effortlessly deep cleans your dishwasher with ZERO toxic chemicals!

Hard water, soap scum, and redepositing food can all prevent your dishes from ever fully being clean.

Your Dishwasher Cleaner is formulated using nature-driven chemistry to effortlessly deep-clean every crack & crevice in your dishwasher without toxic chemicals.

Your dishwasher will be funk-free, look and smell brand new, and won't be working overtime like it used to in order to get the cleanest dishes of your life!

Scan this code



Details on pg 9

## How to Use

Each pouch is a 1x use.

Step 1: Open the pouch and sprinkle contents around the bottom of the empty dishwasher.

Step 2: Start a heavy hot water wash cycle and let the machine do the work.

Step 3: Enjoy a squeaky clean dishwasher free of chemical residue and funky smells.

Order more at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free







One pouch effortlessly deep cleans  
your dishwasher with ZERO toxic chemicals!

- Non-toxic
- Plant-based
- Zero Toxic Chemicals
- Safe for kids & pets
- Biodegradable
- Recyclable
- 4oz (113g)

**Dishwasher  
Cleaner**

**TruVFree**







refillable

# Bathroom Cleaner

The cleanest bathroom of your life...ZERO toxic chemicals

Keep your family safe from the harmful toxic chemicals in bathroom cleaners, and upgrade to non-toxic & family safe Truly Free Bathroom Cleaner today!

The natural cleaning power of concentrated citric acid will power through the dirtiest bathroom messes and give you the clean you deserve!

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

- Step 1: Fill the bottle with warm water to fill line.
- Step 2: Add contents of refill pouch.
- Step 3: Top off with water, tighten the sprayer securely.
- Step 4: Shake up and Clean with Nature!

1 pouch makes 16 fl. oz.

No need to rinse, just spray and wipe!

Perfect for toilets, counters, sinks, bathtubs, showers, floors, and many other surfaces.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free





Non-Toxic

# Surface Shield™

An absolute scientific breakthrough, Surface Shield™ creates a powerful anti-viral shield of natural silver ions that defend against and kill 99.9% of germs, viruses, and mold for an entire 14 days.

Unlike toxic chemical sanitizers that contain methanol and QUATS, Surface Shield's natural silver ions physically bond with germs and viruses resulting in a "mechanical kill" instead of a chemical kill, making this the most non-toxic and safest way to kill germs AND prevent new ones from forming.

An ancient antiseptic secret, silver has been used for 1,000s of years to naturally kill germs and viruses, and now you can finally harness that same power in one convenient spray!

Family and Pet Safe!

Scan this code



Details on pg 9



## How to Use

### To Sanitize:

Pre-clean heavily soiled surfaces using your Truly Free Non-Toxic Cleaners:

Hold container 6-8" from the surface and spray until thoroughly wet. Allow to air-dry.

### To Sanitize Hard, Non-porous, Non-food Contact Surfaces:

Apply product. Let stand 10 seconds. Wipe clean with a damp cloth.

To ensure sanitization for 14 days: Apply product, allowing to air dry without wiping. Reapply if the surface is scrubbed.

### To Eliminate Bacteria and Viruses:

Pre-clean surface using your Truly Free Non-Toxic Cleaners.

Hold container 6-8" from the surface and spray until thoroughly wet.

For bacteria, let stand for 60 seconds.  
Wipe with a cloth.

For viruses & fungi, let stand for 5 minutes.  
Wipe with a cloth.

Let the surface air dry without wiping.

**Use on:** Doorknobs, kitchen counters, dining room tables, personal devices, steering wheels, toys, litter boxes, food prep areas, desks, and more!

EPA Reg No - 97456-R

**Printed User Guide:** To view the complete Truly Free Surface Shield™ User Guide & Usage application visit: <https://trulyfreehome.com/products/surface-shield>





TrulyFree

refillable

Floor  
Cleaner

The cleanest floors of your life...  
ZERO toxic chemicals!

16 oz. (473mL)



refillable

# Floor Cleaner

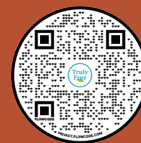
Store-bought floor cleaners contain nasty chemicals like chlorine and sulfates that you don't want ANYWHERE near your family and pets.

That's why your Truly Free Non-Toxic Floor Cleaner uses a natural but powerful plant-based formula to naturally break down dirt, food, grease and grime buildup for sparkling, streak-free floors without toxic chemicals!

With your 100% Non-Toxic Floor Cleaner, you won't have to constantly look over your shoulder when cleaning the floors to make sure your babies (both furry and not furry) aren't licking toxic chemicals!

Sprayer and squirt top included in first order.

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the sprayer securely.

Step 4: Shake up and Clean with Nature!

1 pouch makes 16 fl. oz.

**Use on:** Tile, linoleum, sealed hardwood, marble floors and sealed stone

**Squirt & Mop:** Squirt mixed floor cleaner directly onto surface and mop.

**For a Refillable Steam Mop:** Fill mop chamber with already mixed floor cleaner solution to your machine's formula fill line.

Enjoy the fresh smelling citrus scent as you wash away grease & grime for streak-free floors without walking on toxic chemicals all day.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



No Synthetic Fragrance





refillable

# Odor & Stain Eliminator

Powerful stain & odor elimination... gentle on fabrics & families!

Tackle the toughest stains & odors on a broad spectrum of fabrics without the use of synthetic fragrances or harmful & damaging chemicals.

Your unscented Odor & Stain Eliminator gets rid of stains & odors at the source using revolutionary plant-powered chemistry and natural enzymes to digest your dirtiest messes.

Effective stain & odor removal for carpets & rugs, laundry, couches, curtains, sports equipment, pillows & bedding, gym bags, shoes, pet stains & odors, and so much more!

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the sprayer securely.

Step 4: Shake up and Clean with Nature!

1 pouch makes 16 fl. oz.

## How to Use

**Around the Home:** Spray directly on pet stains, gym bags, carpets & rugs, couches, sports equipment, indoor & outdoor trash containers, curtains, sink drains, mud rooms & shoes to safely remove stains & odors. Pretty much anywhere you don't like funky odors hanging around.

No need to rinse, just spray and wipe or let dry naturally!

**Laundry:** Use as a pre-treat to remove stains & odors. Spray directly on the stained garment, let sit for 3-5 minutes, then wash as normal using your Truly Free Laundry Wash. Stubborn Stains? Visit our Cleaning Tips & Tricks page 65 for more stain removal options.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free





refillable

# Wood & Furniture Polish

Beautifully renew and restore your wood & furniture without any nasty chemicals.

We skipped all of the nasty chemicals like ammonia, phosphates, and chlorine that give furniture polish such a bad name.

Unscented and non-toxic, your new polish erases water spots, hydrates wood, and leaves a vibrant shine without any oily residue left behind.

Safe and effective on wood, leather, faux leather, vinyl, and many other hard surfaces.

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the sprayer securely.

Step 4: Shake up and Clean with Nature!

1 pouch makes 12 fl. oz.

Shake well before each use.

## How to Use

Spray & wipe on cabinets, wood tables, faux and real leather couches and furniture, car seats, bar stools, desks and so much more.

Not recommended for wood floors as the conditioning ingredient can create a slippery surface.

Check out our non-toxic Floor Cleaner for all of your floor care needs on page 48.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free











refillable

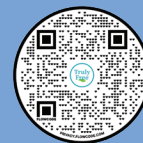
# Space Freshener

Instantly transform any space into heaven, ZERO harsh chemicals.

Imagine the freshest smelling rooms & fabrics of your life,  
without all of the harmful

fragrances and the other chemicals in traditional sprays,  
plugins & air fresheners.

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the  
sprayer securely.

Step 4: Shake up and Freshen with Nature!

1 pouch makes 12 fl. oz.

Shake well before each use.

## How to Use

Perfect for bathrooms, kitchens, trash cans,  
sports equipment, living rooms, couches &  
furniture, bedrooms, basements, closets,  
cars & more!

Spray directly into the air to freshen any room,  
car or pet bed.

Use in any area that needs a fresh scent.

**Special Note:** For special fabrics such as satin,  
shake well then carefully spray & mist to avoid  
a possible stain from the natural essential  
oil ingredients.

Test an inconspicuous area.

Safe to use around kids & pets!

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-  
Friendly



Cruelty  
Free



Plant  
Based



Clean with  
Nature



Recyclable  
Plastic



Dye  
Free



No Synthetic  
Fragrance



refillable

# Aloe Hand Soap

The more you wash your hands... the softer they get!

You deserve a hand-soap that leaves your hands softer & healthier after every wash, not depleted & dry.

Your Non-Toxic Aloe Hand Soap contains 10x concentrated Aloe Vera so that the more you wash your hands, the softer they get.

Free of all toxic chemicals, you can use this soap as frequently as needed, without fear of repeated exposure to harmful ingredients that can damage & irritate skin.

Scan this code



Details on pg 9

## How To Fill/Refill Bottle

Step 1: Fill the bottle with warm water to fill line.

Step 2: Add contents of refill pouch.

Step 3: Top off with water, tighten the pump securely.

Step 4: Shake up and Clean with Nature!

Use 1-2 pumps as needed to soften while you wash your hands.

1 pouch makes 8.5 oz.

\*Using your own pump? Add 5.5oz of water for every Truly Free Aloe Hand Soap Refill Pouch.

Order your refills at: [www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Recyclable Plastic



Dye Free



Fragrance Free





TrulyFree

foaming

Aloe Hand Soap

The more you wash your hands...  
the softer they get!



4007736.0 11

6.5 FL. oz. (190g)



# Bamboo Fruit & Veggie Brush

Your Truly Free Fruit and Veggie Brush scrubs away farmyard dirt, pesticides, and wax from grocery store produce easily.

Simply spray your produce 2 to 3 times with your Truly Free Fruit and Veggie Wash, then give your produce a light and quick scrub all around.

Finish by rinsing with water for 10 seconds and drying before eating or cooking.

Make sure to add more Fruit and Veggie Wash to your next order so you never run out!

## To Clean:

We do not recommend washing in the dishwasher, bamboo wood will split.

Wash with dish soap & hot water and spray bristles with Truly Free Surface Shield to keep bristles free from bacteria.

Order additional brushes at

[www.trulyfreehome.com](http://www.trulyfreehome.com)



Eco-Friendly



Cruelty Free



Plant Based



Clean with Nature



Dye Free









TruFree™



[www.TrulyFreeHome.com](http://www.TrulyFreeHome.com)



# Cleaning Caddy

Organize all of your favorite cleaning products with this durable, versatile & convenient Caddy. You'll never wonder where any of your favorite Truly Free products are hiding with your new cleaning companion.

Quickly store and refill your bottles so you're always ready to have a Truly Free Home! Securely fits 6 of our 16oz Truly Free cleaners, 2 of your 12 oz bottles on the sides & keeps your refill pouches handy too.

Need another caddy for another room in your home?

Order at [www.trulyfreehome.com](http://www.trulyfreehome.com)

# Laundry Tote

Perfect for your laundry room, bedrooms, bathrooms, & even college dorm rooms!

Aluminum handles with a soft foam grip.

Size: 29"H x 17"W

Need another laundry tote for another room in your home?

Order at [www.trulyfreehome.com](http://www.trulyfreehome.com)



# Eco-Sponge

Non Toxic And All Natural Eco-Scrubbing Power.

Made from 100% organic Luffa, your Eco-sponge uses its natural strength to scrub away the toughest messes.

Completely free of all plastics, fully compostable, and also dishwasher & microwave-safe to scrub away bacteria safely.

Strong enough to scrub away tough residue, while still being gentle on hands & non-abrasive. Safe for use on hundreds of other surfaces around your home.

## How to Use

Use with any of your Truly Free Products such as Dish Soap or Bathroom Cleaner. Works amazingly; from cleaning simple spills to tough bathroom stains.

### To Clean:

Simply wash inside your dishwasher with hot water or microwave 3 cups of water for 3 minutes and submerge the sponge for 3-5 minutes.



# Eco-Friendly Reusable Cleaning Cloth

Multi- Purpose, Durable, Sustainable, Washable & Reusable.

Replace your paper towels with Reusable Eco-friendly Cleaning Cloths.

Super absorbent, durable and washable. Perfect for everyday use in the kitchen, bathroom, garage, inside your car and desks.

Your reusable cloths are durable, washable, multi-color!

## To Use:

Use dry to dust.

Or use to clean with any of our Truly Free Spray Cleaning Products.

## Washing Instructions:

Wash with like colors.

Add 1 scoop of Enzyme Stain Remover to remove any tough stains.

Wash with Truly Free Laundry Wash.

Air dry or tumble dry.

Cloth may shrink after repeated washes.



# 100% Organic Cotton Dish Towel

GOTS Certified

Your Truly Free Kitchen Towel is made of 100% organic cotton, and is super absorbent and effective at cleaning and drying dishes or spills.

Thick, well made, and free of artificial materials, this towel will stay fluffy and absorbent after each use!

## To Wash:

Just toss it in the washer with Truly Free Laundry Wash to quickly clean and refresh your towel for repeated use!

Order additional sponges, cloths and towels at [www.trulyfreehome.com](http://www.trulyfreehome.com)







# Cleaning Tips & Tricks

We've found that these small steps can make a huge cleaning impact!  
Safely remove tough stubborn stains with our cleaning tips & tricks section!

## Carpet Cleaning

Get your carpets clean and looking like NEW with these Carpet Cleaning Recipes!

### Recipe #1

#### What you'll need:

- 1-2 caps (5oz. to 10oz ) of Truly Free Laundry Wash (premixed)
- Water
- Dirty Carpet and/or Sofa
- Carpet Cleaning Machine
- Diluted Vinegar (optional) 1/2 cup- 1 cup of vinegar. May be adjusted depending on the size of the reservoir.
- Depending on the type of carpet cleaner, you will want to add 1-2 caps (5oz. to 10oz.) of Wash to the reservoir and fill up the rest with water. If you have a self mixing cleaner, add the Laundry Wash in the solution reservoir.

Clean the soiled area, and go back over with a diluted vinegar rinse (optional).

*Enjoy clean carpets and sofas!*

### Recipe #2

#### What you'll need:

- 1 measuring cup of Truly Free Odor and Stain Eliminator (premixed)
- Water
- Dirty Carpet and or Sofa
- Carpet Cleaner Machine
- Diluted Vinegar (optional). 1/2 cup- 1 cup of vinegar. May be adjusted depending on the size of the reservoir.
- Depending on the type of carpet cleaner, you will want to add more or less of Odor and Stain Eliminator to the reservoir and fill up the rest with water.

If you have a self mixing cleaner, add the Odor and Stain Eliminator in the solution reservoir.

Clean the soiled area, and go back over with a diluted vinegar rinse (optional).

*Enjoy clean carpets and sofas!*

# Removing Tough Stains

Stain	Product
Oil/Grease Stains	Truly Free Heavy Duty Degreaser
Ink	Stain Stick and/or Enzyme Stain Remover
Blood	OxyBoost and/or Stain Stick
Feces and Urine	Truly Free Odor and Stain Eliminator
Grass Stains	Stain Stick, Enzyme Stain Remover and/or OxyBoost
Paint	Stain Stick and/or Truly Free Heavy Duty Degreaser
Deodorant Stains	Truly Free Heavy Duty Degreaser and/or Stain Stick
Sweat	Truly Free Odor and Stain eliminator and/or Stain Stick
Make-Up Stains	Truly Free Heavy Duty Degreaser and/or Stain Stick

When treating extra soiled white items, soak in a pre-soak mixture of OxyBoost for 2 hours or overnight if needed.

## Laundry Stripping:

Why Laundry Strip? Laundry stripping is a thorough method of soaking that gets rid of any leftover detergent, fabric softener, minerals from hard water and natural body oils that have collected on textiles over a period of time.

We recommend stripping your clothes and linens occasionally to release excessive stains and odors, especially if you have super hard water.

### Here is what you will need:

- 1 Cap (5 oz.) Truly Free Laundry Wash
- 3 Scoops ( $\frac{3}{4}$  teaspoon) of Truly Free Enzyme Stain Remover (scooper included in Enzyme pouch)
- $\frac{1}{2}$  Cup Distilled Vinegar
- 3 Tablespoons Borax
- 3 Tablespoons Washing Soda
- Hot Water

### Directions

Step 1: Add all ingredients to a bathtub or big washing sink and mix for even distribution.

Step 2: Place clean clothes and linens into the mixture to soak.

Step 3: Allow to sit for at least 4 hours (or overnight).

Step 4: Remove the clothes/linens and place them in the washing machine for a regular wash cycle.

Step 5: Dry in the dryer or hang to dry.









# Cloth Diapers

## STEP 1: Pre-Wash

### Here's what you'll need:

- Soiled Cloth Diapers
- 2-3 oz. Truly Free Laundry Wash
- 2-3 oz. cap Truly Free Softening Rinse
- Cold Water
- 1 scoop of Truly Free Enzyme Stain Remover

### Directions:

- Discard solids before placing soiled diapers into the pail. (This should be done immediately after a diaper change.)
- Put soiled diapers in the wash.
- Add the Laundry Wash, Softening Rinse, and Enzyme Stain Remover.
- Set the washer to COLD and pre-wash.

## STEP 2: Heavy Duty Wash

(for heavy duty doody)

### Here's what you'll need:

- Soiled Cloth Diapers
- 2-3 oz. Truly Free Laundry Wash
- 2-3 oz. Truly Free Softening Rinse
- Hot Water
- 1 scoop of Truly Free Enzyme Stain Remover

### Directions:

- Once your pre-wash has finished, shake out the diapers and return them to the wash.
- Add the Laundry Wash, Softening Rinse, and Enzyme Stain Remover.
- Set washer to HOT and run the Heavy Duty wash setting.

Once they've finished washing, hang all diaper covers out to dry and throw the diapers in the dryer on a warm tumble setting. (Or, to be extra eco-friendly, hang everything to dry!)

If you notice any lingering stains, rewash with OxyBoost and/or place in the sun for a natural bleaching effect.

## Quick Tips

**For very hard water**, we do not recommend adding any additional rinse cycles as it can cause buildup on cloth diapers. White vinegar can help to soften and deodorize fabrics.

**To avoid ammonia buildup**, wash your cloth diapers frequently (about every 2 days).

**We recommend Unscented Wash and Unscented Softening Rinse for cloth diapers**, as your unscented products have a higher concentration of Citric Acid, which is great at neutralizing ammonia compounds. (Ammonia is the primary cause of diaper funk!)

**Enzyme Stain Remover is important to this process**, as it helps breakdown stains and odors.

**For stubborn stains**, try adding OxyBoost in a hot wash for an extra boost of cleanness.

For additional tough diaper stains even after washing, refer to our Laundry Stripping section. Repeat steps if necessary.



# Cleaning Your Washing Machine

Did you know your washing machine needs to be regularly cleaned?

The average family does 8-10 loads of laundry each week.  
That is a lot of dirt collecting in a washer over time.

## What You'll Need:

- A Dirty Washer
- A Cleaning Rag
- Diluted Distilled Vinegar  
(for the hard to reach places)
- 1-Truly Free Laundry Machine Cleaner

## Directions:

- Step 1 Spray distilled vinegar outside (including the front) and inside your washer and wipe down with your cleaning cloth of choice.
- Step 2: Clean the soap dispenser, bleach cubby, under the washer lid and all other areas that water does not reach but requires dirt removal.
- Step 3: For Front loader washing machines, be sure to target the smelly door seal/gasket and scrub away with diluted distilled vinegar and drain the front compartment.
- Step 4: Add 1 Truly Free Laundry Machine Cleaner Sachet to the drum of the washer and wash on the longest and hottest setting your washer offers (or cleaning cycle).
- Step 5: Enjoy a brand new looking washer, free of funk & odor!

Depending on washer usage, repeat this washer routine each month or every three months.  
For extreme build up, repeat these steps until all the gunk is removed from the washer.

**Washer Cleaning Tip:** Add Truly Free Heavy Duty Degreaser and or Truly Free Odor & Stain Eliminator in replace of vinegar.



# Essential Oils

Create your own natural aroma!

Adding essential oils is a great way to scent your unscented products such as your Truly Free Cleaning line or your Unscented Laundry Wash & Unscented Softening Rinse.

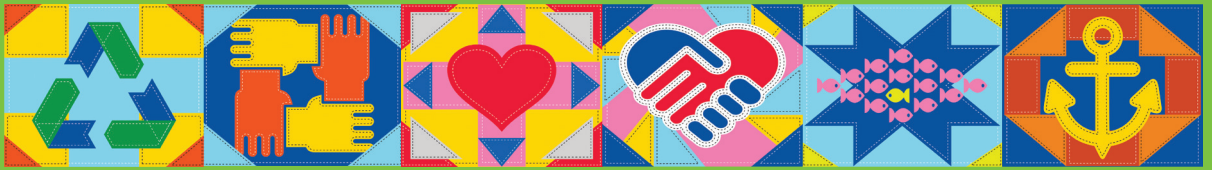
## **Laundry Wash & Softening Rinse:**

Add 15-20 drops of your favorite essential oils as the last step in mixing either your Unscented Laundry Wash or Unscented Softening Rinse. Shake to mix well.

## **Truly Free Spray Cleaners:**

Add 15-20 drops of your favorite essential oils as the last step in mixing any of your Truly Free spray cleaners such as Bathroom Cleaner & Everyday Cleaner. Shake to mix well.





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